

## **Avyakt Signals – November 2003**

### **Be a jewel of contentment, always remain content and make everyone content.**

1. BapDada wants throughout this year, whenever you children meet anyone, you give them the co-operation of contentment. You remain content yourself and make others content. The self-respect for this season is to be a jewel of contentment. Therefore, always remain stable on the seat of self-respect of always remaining content and making others content.
2. At the present time, there is a lot of tension and distress, and because of this, discontentment is increasing. At such a time, all of you jewels of contentment with the light of your contentment should also make others content. First of all, remain content with your self, then remain content with service and then with your relationships, for only then will you be called a jewel of contentment.
3. BapDada tells you children to be constant servers. However, if you are disturbed by something called service and you are also disturbing others, it is better not to do that type of service, because the special virtue of service is contentment. Where there isn't contentment either with yourself or with those in connection with you, then that service will not enable you or others to receive the fruit. Rather than that, it is better to first of all make yourself into a jewel of contentment and then do service. Otherwise, the subtle burden increases and that burden becomes an obstacle to the flying stage.
4. Any service that makes you discontent is not service. Service means something that gives you nourishing fruit. If there is discontentment in service, then leave that service, but never let go of your contentment. Always remain beyond any limited desires and always remain full and you will become equal.
5. To remain constantly free from obstacles, to be a constant destroyer of obstacles, always to remain content and to make others content: this is the certificate that servers always have to continue to receive. To claim this certificate means to be seated on the heart-throne. Have the aim of always remaining content and making others content.
6. Any soul who has the experience of all attainments would always be content. The sign of being happy would always be visible on their face. When servers are content with themselves and service, there is automatically zeal and enthusiasm for service and co-operation. Then you don't have to say anything or have it said by anyone else, because contentment easily brings about zeal and enthusiasm. The special aim of servers should be to remain content and make others content.
7. The more you experience yourself to be full of all attainments, the more content you will remain. If there is the slightest feeling of anything lacking, then that lack will make you discontent. Although this is not your kingdom and you therefore have to make a little effort, problems here have become like a game. When you have courage, you receive co-operation at the right time. Therefore, together with your contentment, give all souls the co-operation of contentment through your elevated stage.
8. The One who is making everyone act is making everything happen through you: You are just an instrument carrying out the task. To maintain this awareness is the speciality of a server. By doing this, you will always remain content in service and in your own efforts, and those for whom you become instruments will also have contentment. Always to remain content and keep others content is a speciality.
9. Brahmins means those who are sensible. They always remain content with themselves and also keep others happy. If you become discontent because others make you that, then you cannot experience the

happiness of the confluence-aged Brahmin life. To become the form of a Shakti and take yourself away from the atmosphere of others means to keep yourself safe. This is the method to attain this aim.

10. Those who do service from their heart also stay in remembrance. They have to make less effort and yet they experience contentment to a greater extent. Those who don't have remembrance with love in their heart, who simply remember Baba on the basis of knowledge and do service with their head have to make greater effort and they have less contentment. Even if they do have success, there will be little contentment in their heart. They would always keep thinking: It is better if this happens, but still, but still... They will continue to say this, whereas those who do everything from their heart will constantly keep singing songs of contentment.
11. Contentment is a sign of satisfaction. If you are a dissatisfied soul, whether in terms of hunger of the body, or hunger of the mind, then, no matter how much you receive, you will always remain dissatisfied. Royal souls always remain full with even a little. Where there is fullness, there is contentment.
12. The special blessing of the confluence age is contentment. The seed of this contentment is of all attainments. The seed of discontentment is a lack of physical or subtle attainment. The praise of you Brahmins is: Nothing is lacking in the treasure-store of you Brahmins or in the life of you Brahmins. So then, why is there discontentment? Since the treasure-store of the Bestower of Blessings is overflowing, and there is such great attainment, why is there discontentment?
13. Those who are jewels of contentment are always content in their mind, in their heart, with everyone, with the Father and with the drama. Waves of happiness would always be visible through their mind and their body. If adverse situations come, if a soul who has to settle his karmic accounts with them comes in front of them to oppose them, if the suffering of karma through their body comes in front of them, such a soul who is free from limited desires because of contentment, would always be visible as a sparkling star of happiness.
14. Contented souls would always experience everyone to be altruistic and innocent (free from blame). They would never blame anyone for anything; they wouldn't blame the Bestower of Fortune, or the drama or any person, or the karmic account of their body, thinking: My body is like that anyway. They would always have an altruistic and innocent attitude and vision.
15. The speciality of the confluence age is contentment. This is the special attainment of Brahmin life. If there isn't contentment and happiness, there is no benefit in being a Brahmin. Therefore, remain content and make everyone content. There is real happiness and real service in this.

**\* \* \*Om Shanti \* \* \***